

Important Information about the COVID-19 VIRUS and Mikvah Use:

Following numerous cases of confirmed COVID-19 in the community, the Crown Heights Mikvah is implementing enhanced measures to ensure the safety of all women.

You may **not** attend the Mikvah if:

1. You have been told by your doctor or per CDC guidelines to quarantine yourself.

Please speak to your Rav for further guidance!

2. You have any flu-like symptoms and aches such as cough, runny nose, fever, sore throat, diarrhea, or etc. or have been diagnosed with the virus or suspected to have the virus. Check with your doctor and Rov once you're symptom-free, when you can go to the Mikvah.

Please see the CDC website for guidance. <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

3. If you share the same living space with someone who has confirmed COVID-19, you must confirm with your Rov and doctor if you may use the Mikvah.

All others may attend the Mikvah. However, all preparations (**including final shower**) must be done at home. When you arrive at the Mikvah, just recomb your hair and re-inspect yourself before immersion. If you do not have a bathtub available at home, then ask your Rov how to prepare properly at home.

For your safety, we will also be maintaining stricter hygiene measures and deeply disinfecting preparation rooms between use.

If you have any questions, please consult your rabbi and doctor.

Mrs. Leah Yechielov, is available for specific Mikvah questions at (917)754-3700.

In the merit of the observance of this holy mitzvah and our eternal commitment to the laws of family purity, may Hashem protect us and empower us to bring spiritual and physical protection to our homes, our communities, and to the entire world.

With wishes for a complete refuah sheleimah to all those affected, and a quick end to this pandemic.